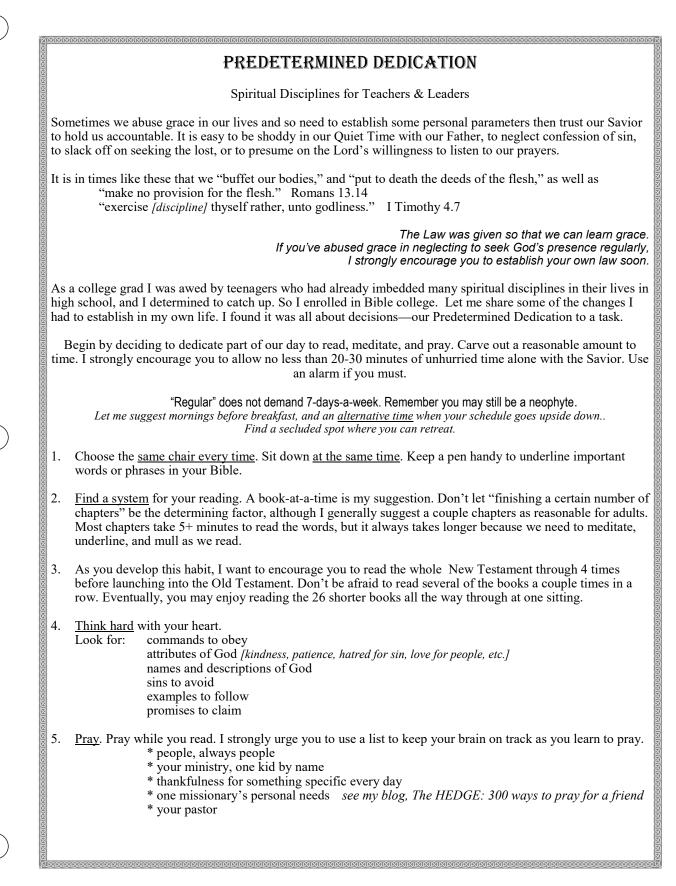
1



6.	One of my seminary profs gave me an 8-column prompter to help ramp up my prayer life. Wow! I've attached one on the next page. <u>Promise yourself</u> that four months from the start of this trek
	you will <u>take a very long walk</u> early some Sunday morning and pray for an entire hour.
7.	End your time meditating on what you have read. Go back and look at all the things you underlined.
8.	If you get out of rhythm, don't despair, just restart your initial commitment until those quiet times of sitting in the Savior's lap becomes an irresistible magnet to your soul. <i>It may take a long time. Keep at it!</i>
9.	Hold yourself accountable. As an eager but not very strong believer, I wrote at the top of one page in the NT, "No Bible—No Breakfast." It was my self-imposed stipulation until my resolve became a habit. You may find a restriction better suited to your own temperament: NO Bible no sleep? no Cokes? no music? no Smartphone?
10	. <u>Make a friend</u> at church who will pray for you to hold you accountable once a month. If he/she doesn't ask you how you're doing, go to him/her and report on your progress for at least 4-6 months. <i>If you give them a couple things about your ministry and classes to pray for, that's also a great way to be sure to have additional prayer support.</i>
11.	 Predetermined dedication extends to many areas besides prayer and Bible reading. It covers: resisting sin Determine: never lie, never gossip, never explaining the Gospel to others Going through seminary I had a house painting business. I had a simple company policy: "Witness to every customer!" I didn't have to pray about it. I didn't have to look for an opportunity. I didn't even have feel it was the "right time" or feel comfortable. handling money confessing sin deciding what will please God I decided at age 16 I would never speed, and have never had a moving violation. Now I have a crotch-rocket motorcycle—and keep the speed laws, although reluctantly. helping others immoral websites If I could make a decision in the 4th grade never to use profanity—and keep it for my entire life, it was a no-brainer to make the decision that I would never go onto a porno site on my computer. I never have, at least not intentionally! and especially facing awkward situations NASCAR drivers plan emergency responses to every possible situation they might face during a race. You can do it, too. *Before you hit every aukward Situation you Can antiCipate, decide what will please God ahead of time.* Just do it! Predetermined Dedication.

