

WE ARE WHAT WE THINK

Prov 23:7 As he thinketh in his heart, so is he.

This is not an actual definition of mankind, but it is clearly a commentary on what is important to each of us.

So I gave myself a little brain inventory.

What occupies my mind during idle moments?

What does my tone of voice reveal when I'm not guarding it?

What kind of TV programs do I gravitate toward besides Jeopardy & NFL?

What type of ads do I really pay attention to?

What kind of songs rumble through my head during the dead?

What things disappoint me?

To what does my mind wander during a sermon?

What do I wish were different in my life?

Does Scripture ever run through my mind?

How quick am I to confess my sin?

How often does my mind gravitate toward my ministries at church?

Do all my best friends love the Lord?

Does the Bible pull me to my Quiet Time each day?

What do I complain about?

How much do I hate & despise my "little" sins?

Which kinds of books do I prefer to read?

Do I look for opportunities to encourage others?

What about the jokes I like? and dislike?

How do I spend my discretionary money?

Do I hunger to be at church?

What do I most look forward to?

Does prayer more or less fill my day?

Does anger lurk in the shadows?

Am I kinder this year than I was last year?

Do I often ask the Lord to keep me close to His side?